

Ralph M. Hamlett Memorial 5K Fun Run and Walk at Celebrate Pamplin!
September 19, 2015
Registration Form

Race Description: Celebrate Pamplin! with the Inaugural Ralph M. Hamlett 5K Fun Run and Walk at the western end of the High Bridge Trail in Pamplin City. Starttime is 9 AM. This is a fast out and back course on the High Bridge Trail. Runners of all abilities and walkers are welcome. Keepsake finisher medals and t-shirts will be awarded to all participants. Top three overall male and female finishers will receive trophies.

Timing and scoring of the race will be done by The Aid Station, Lynchburg, VA..

The street festival starts on Main Street at noon.

All proceeds of the event will benefit the Pamplin Depot Restoration Fund.

Special thanks to BB&T and Fire and Safety Equipment Company, for their generosity in supporting this event.

September 5, 2015 Early Registration Deadline. Online registration available at RaceIt.com

Friday, September 18 Registration/Package pickup at Pamplin Depot 12-7PM

Race Day Registration and Package Pick-up at Start Line 7:30-8:30 AM

Name _____

Address _____ City _____ State/Zip _____

Email _____ Phone _____

Age _____ Gender _____ T-shirt Size (please circle) Adult S M L XL Youth S M L XL

WAIVER:

Please read the following statement carefully. To participate, you must sign and return this statement with your application.

+ I do hereby waive Pamplin City, Prince Edward County, the Virginia Department of Conservation and Recreation, the Friends of High Bridge Trail State Park, the Southside Virginia Family YMCA and Fire and Safety Equipment Company or fellow participant, from any liability due to personal injury, loss or damages to any property that may occur during the Ralph M. Hamlett Memorial 5K.

Signature _____

Date _____

Parent signature if participant is under 18 _____

Date _____

Before Mailing, be sure that you have included the following:

+Complete 2015 Ralph M. Hamlett Memorial 5K Application with signed Declaration of Authenticity Contract and Waiver

Check made payable to Town of Pamplin Depot Fund, Attn. 5K Race for \$25 if received before Sept. 5, 2015 (guaranteed a T-shirt)..

After September 5 registration fee is \$35.

Mail to: Town of Pamplin City
P.O. Box 1338
Pamplin, Va. 23958
Attn. 5K Run

For questions contact Race Director Sarah Hamlett, Race Director at celebratepamplin5k@gmail.com